

TIBET FIXED DEPARTURE TOUR



By far the most popular program in Tibet, this trip encompasses one of the greatest road journeys in the world – overland from Nepal to Tibet or vice versa, directly across the highest and most spectacular section of the Himalayas. Driving across the wild, open expanse of the Tibetan Plateau, via isolated towns like Zhangmu, Xegar, Xigatse and Gyantse before coming to the fabled city, “Lhasa”.

7 NIGHTS IN TIBET

DAY	PROGRAMME DETAILS
DAY 1	Kathmandu-Lhasa by air
DAY 2	Lhasa
DAY 3	Lhasa
DAY 4	Lhasa-Gyantse
DAY 5	Gyantse-Xigatse
DAY 6	Xigatse-Xegar
DAY 7	Xegar-Zhangmu
DAY 8	Zhangmu-Kathmandu

What is included: total 7 nights’ accommodation in Lhasa Hotel (former Holiday Inn) and in the best available hotels in other towns; daily breakfast; all tours and transfers as per itinerary with English speaking guide; one way airfare; Lhasa-Kathmandu land journey by coach, entrance fee to monuments in Tibet; normal visa fee.

Validity of offer: 01 April – 30 November 2009

TOUR COST	DEPARTURE
USD 1400 PER PERSON	EVERY SATURDAY
USD 400 SINGLE SUPPL	

Bank details:

Account Holder : Marco Polo Travels Pvt. Ltd.
 Bank Address : Nepal Arab Bank Ltd.
 Kantipath, Kathmandu
 Account Number : 010 221 113 1701
 Telex No. : 2385 NABIL NP
 Swift : NARBNPKA

MARCO POLO TRAVELS NEPAL

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Tour # 01: 4 Days Tour Fly In / Fly Out (Lhasa: Monastery and Palaces)

Trip Facts:

Tour Code: MPT TIB01
 Tour Name: 4 days Central Tibet
 Entry / Exit: Fly in / Fly out
 Grade: Easy
 Max Elevation: 3600m/11811ft
 Accommodation: Hotel
 Meal: Bed & breakfast
 Transport: Flight & Private vehicle
 Tour Days: 04

DAY	ITINERARY
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- 01: Fly to Gonggar Airport and drive to Lhasa. O/N Hotel (BB)
- 02: Sightseeing of Sera Monastery, Jokhang Temple and Barkhor Market. O/N Hotel (BB)
- 03: Sightseeing tour of Potala Palace & Drepung Monastery. O/N Hotel (BB)
- 04: Drive to Airport for flight to Kathmandu. O/N Hotel (BB)

Pax	Yarlong Tsangpo OR Similar	Kyicho Hotel OR Similar	Mandala Hotel OR Similar	Vehicle
02 – 03	US\$ 565	US\$ 400	US\$ 395	One Land Cruiser
04 – 07	US\$ 510	US\$ 350	US\$ 330	Van
08 – 11	US\$ 475	US\$ 335	US\$ 295	Hino Bus
12 – 15	US\$ 465	US\$ 315	US\$ 290	Hino Bus
S/S	US\$ 280	US\$ 145	US\$ 120	



Tour # 02: 5 Days Tour Fly In / Fly Out (Lhasa: Monasteries & Nam Tso Lake)

Trip Facts:

Tour Code: MPT TIB02
 Tour Name: 5 days Central Tibet
 Entry / Exit: Fly in / Fly out
 Grade: Easy
 Max Elevation: 3600m/11811ft
 Accommodation: Hotel
 Meal: Bed & breakfast
 Transport: Flight & Private vehicle
 Tour Days: 05

DAY	ITINERARY
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- 01: Fly to Gonggar Airport and drive to Lhasa. . O/N Hotel (BB)
- 02: Sightseeing of Sera Monastery, Jokhang Temple and Barkhor Market. O/N Hotel (BB)
- 03: Sightseeing tour of Potala Palace & Drepung Monastery. O/N Hotel (BB)
- 04: Day trip to Nam Tso Lake. O/N Guest House (BB)
- 05: Drive to Airport for flight to Kathmandu. O/N Hotel (BB)

Pax	Yarlong Tsangpo OR Similar	Kyicho Hotel OR Similar	Mandala Hotel OR Similar	Vehicle
02 – 03	US\$ 840	US\$ 575	US\$ 540	One Land Cruiser
04 – 07	US\$ 695	US\$ 465	US\$ 440	Van
08 – 11	US\$ 630	US\$ 425	US\$ 370	Hino Bus
12 - 15	US\$ 615	US\$ 395	US\$ 345	Hino Bus
S/S	US\$ 355	US\$ 175	US\$ 145	



Tour # 03: 8 Days Tour Fly In / Fly Out (Tsedang – Gyantse – Shigatse - Lhasa)

Trip Facts:

Tour Code: MPT TIB03
 Tour Name: 8 days Central Tibet
 Entry / Exit: Fly in / Fly out
 Grade: Easy
 Max Elevation: 5100m/16731ft
 Accommodation: Hotel
 Meal: Bed & breakfast
 Transport: Flight & Private vehicle
 Tour Days: 08

DAY	ITINERARY
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- 01: Fly to Gonggar airport & drive to Tsedang. Afternoon visit Yambu Lhakhang. O/N Hotel (BB)
- 02: Visit Samye Monastery & the village of king O/N Hotel. (BB)
- 03: Drive to Gyantse via Yamdrok Lake. O/N Hotel (BB)
- 04: Early morning visit Khumbum Stupa and Palkor Chode and drive to Shigatse and afternoon visit Tashilumpo Monastery & local market. O/N Hotel (BB)
- 05: Drive to Lhasa via the north route. O/N Hotel (BB)
- 06: Tour of Sera Monastery, Jokhang temple, Barkhor Market O/N Hotel (BB)
- 07: Visit Potala Palace and Drepung Monastery. O/N Hotel (BB)
- 08: Drive to airport for flight to Kathmandu. O/N Hotel (BB)

Pax	Yarlong Tsangpo OR Similar	Kyicho Hotel OR Similar	Mandala Hotel OR Similar	Vehicle
02 – 03	US\$ 1165	US\$ 895	US\$ 800	One Land Cruiser
04 – 07	US\$ 905	US\$ 700	US\$ 570	Van
08 – 11	US\$ 880	US\$ 625	US\$ 520	Hino Bus
12 – 15	US\$ 805	US\$ 600	US\$ 505	Hino Bus
S/S	US\$ 355	US\$ 270	US\$ 200	



Tour # 04: 8 Days Tour Drive In / Fly Out (Zhangmmu – Shigatse – Gyantse - Lhasa)

Trip Facts:

Tour Code: MPT TIB04
 Tour Name: 8 days Central Tibet
 Entry / Exit: Drive in/ Fly out
 Grade: Easy
 Max Elevation: 5200m/17056ft
 Accommodation: Hotel
 Meal: Bed & breakfast
 Transport: Flight & Private vehicle
 Tour Days: 08

DAY	ITINERARY
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- | | |
|-----|---|
| 01: | Drive to Zhangmu. O/N Hotel (BB) |
| 02: | Drive to Shegar. O/N Hotel (BB) |
| 03: | Drive to Shigaste. O/N Hotel (BB) |
| 04: | Sightseeing tour of Tashilumpo and local market and then drive to Gyantse. O/N Hotel (BB) |
| 05: | Sightseeing tour of Khumbum Stupa, afternoon drive to Lhasa. O/N Hotel (BB) |
| 06: | Sightseeing tour of Potala Palace, Drepung Monastery. O/N Hotel (BB) |
| 07: | Sightseeing tour of Jokhang Temple, Barkhor Bazaar and Sera Monastery. O/N Hotel (BB) |
| 08: | Drive to Airport for flight to Kathmandu. O/N Hotel (BB) |

Pax	Yarlong Tsangpo OR Similar	Kyicho Hotel OR Similar	Mandala Hotel OR Similar	Vehicle
02 – 03	US\$ 1135	US\$ 950	US\$ 805	One Land Cruiser
04 – 07	US\$ 850	US\$ 690	US\$ 575	Van
08 – 11	US\$ 795	US\$ 585	US\$ 510	Hino Bus
12 - 15	US\$ 770	US\$ 575	US\$ 480	Hino Bus
S/S	US\$ 345	US\$ 265	US\$ 200	



Tour # 05: 10 Days Tour Fly In / Drive Out (Tsedang – Lhasa – Namtso – Gyantse – Shigatse - Zhangmmu)

Trip Facts:

Tour Code: MPT TIB11
 Tour Name: 10 days Tibet Tour
 Entry / Exit: Fly in / Drive out
 Grade: Easy
 Max Elevation: 5200m/17056ft
 Accommodation: Hotel
 Meal: Bed & breakfast
 Transport: Flight & Private vehicle
 Tour Days: 10

<u>DAY</u>	<u>ITINERARY</u>
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- | | |
|-----|---|
| 01: | Fly to Gonggar airport & drive to Tsedang. Afternoon visit Yambu Lhakang. O/N Hotel (BB) |
| 02: | Visit Samye Monastery and local market then drive to Lhasa. O/N Hotel (BB) |
| 03: | Tour of Sera Monastery, Jokhang temple, Tibetan Museum and Barkhor Market. O/N Hotel (BB) |
| 04: | Visit Potala Palace, Norbulinka Palace and Drepung Monastery. O/N Hotel (BB) |
| 05: | Day trip to Nam Tso Lake. O/N Guest House (BB) |
| 06: | Drive to Gyantse. Visit Khumbum Stupa. O/N Hotel (BB) |
| 07: | Drive to Shigatse visiting Shalu and Tashilumpo Monastery en-route. O/N Hotel (BB) |
| 08: | Drive to Shegar via Sakya. O/N Hotel (BB) |
| 09: | Drive to Zhangmu. O/N Hotel (BB) |
| 10: | Drive to Kathmandu. O/N Hotel (BB) |

Pax	Yarlong Tsangpo OR Similar	Kyicho Hotel OR Similar	Mandala Hotel OR Similar	Vehicle
02 – 03	US\$ 1450	US\$ 1185	US\$ 1030	One Land Cruiser
04 – 07	US\$ 1100	US\$ 945	US\$ 705	Van
08 – 11	US\$ 1000	US\$ 825	US\$ 605	Hino Bus
12 – 15	US\$ 965	US\$ 705	US\$ 565	Hino Bus
S/S	US\$ 425	US\$ 300	US\$ 165	



**Tour # 06: 10 Days EBC Tour Fly In / Drive Out
(Lhasa – Gyantse – Shigatse – EBC - Zhangmu)**

Trip Facts:

Tour Code: MPT TIB05
Tour Name: 10 days Tibet Tour
Entry / Exit: Fly in / Drive out
Grade: Easy
Max Elevation: 5200m/17056ft
Accommodation: Hotel
Meal: Bed & breakfast
Transport: Flight & Private vehicle
Tour Days: 10

DAY ITINERARY

- 01: Fly to Gonggar Airport and drive to Lhasa. O/N Hotel (BB)
- 02: Sightseeing tour of Potala Palace, Jokhang Temple and Bakhor Market. O/N Hotel (BB)
- 03: Sightseeing tour of Drepung Monastery and Sera Monastery. O/N Hotel (BB)
- 04: Drive to Gyantse. Visit Khumbum Stupa. O/N Hotel (BB)
- 05: Drive to Shigatse visiting Shalu and Tashilumpo Monastery en-route. O/N Hotel (BB)
- 06: Drive to Shegar. O/N Hotel (BB)
- 07: Drive to Rongbuk Monastery .O/N Rongbuk Guest House (BB)
- 08: Excursion to Everest Base Camp. O/N Rongbuk Monastery Guest House (BB)
- 09: Drive to Zhangmu. O/N Hotel (BB)
- 10: Drive to Kathmandu. O/N Hotel (BB)



Pax	Yarlong Tsangpo OR Similar	Kyicho Hotel OR Similar	Mandala Hotel OR Similar	Vehicle
02 – 03	US\$ 1470	US\$ 1235	US\$ 1085	One Land Cruiser
04 – 07	US\$ 1100	US\$ 895	US\$ 780	Two Land Cruisers
08 – 11	US\$ 1025	US\$ 840	US\$ 715	Three Land Cruisers
12 – 15	US\$ 955	US\$ 795	US\$ 675	Four Land Cruisers
S/S	US\$ 400	US\$ 330	US\$ 275	



Tour # 07: 10 Days Tour Drive In / Drive Out (Everest Base camp, camping Trek)

Trip Facts:

Tour Code: MPT TIB13
 Tour Name: 10 days Everest Base Camp (EBC)
 Entry / Exit: Drive in / Drive out
 Grade: Strenuous
 Max Elevation: 5200m/17056ft
 Accommodation: Guest House/Camp
 Meal: Bed & breakfast in cities and full board during trek
 Transport: Private vehicle
 Tour Days: 10

<u>DAY</u>	<u>ITINERARY</u>
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- | | |
|-----|---|
| 01: | Drive to Zhangmu then to Nyalam. O/N Hotel (BB) |
| 02: | Rest day (Acclimatization day). O/N Hotel (BB) |
| 03: | Drive to Tingri. O/N Camp (Full board) |
| 04: | Trek to Lung Thang (4510 m). O/N Camp (Full board) |
| 05: | Trek to Lamna La (5150 m). O/N Camp (Full board) |
| 06: | Trek to Zommug. O/N Camp (Full board) |
| 07: | Drive to Rongbuk Monastery. O/N Camp (Full board) |
| 08: | Excursion to Everest Base Camp and Rongbuk Glacier. O/N Camp (Full board) |
| 09: | Drive to Zhangmu. O/N Hotel (BB) |
| 10: | Drive to Kathmandu. O/N Hotel (BB) |

Pax	Zhangmu Hotel	Gyangen Hotel	Nga Doon Guest House	Vehicle
02 – 03	US\$ 1220	US\$ 1185	US\$ 1185	One Land Cruiser & Support Truck
04 – 07	US\$ 795	US\$ 770	US\$ 745	Two Land Cruisers & Support Truck
08 – 11	US\$ 660	US\$ 630	US\$ 625	Three Land Cruisers & Support Truck
12 – 15	US\$ 620	US\$ 595	US\$ 585	Four Land Cruisers & Support Truck
S/S	US\$ 85	US\$ 110	US\$ 90	





Tour # 08: 12 Days Tour Fly In / Drive Out (Lhasa – Tsedang – Gyantse – Shigatse – EBC - Zangmmu)

Trip Facts:

Tour Code: MPT TIB06
 Tour Name: 12 days EBC & Central Tibet
 Entry / Exit: Fly in / Drive out
 Grade: Easy
 Max Elevation: 5200m/17056ft
 Accommodation: Hotel
 Meal: Bed & breakfast
 Transport: Flight & Private vehicle
 Tour Days: 12

<u>DAY</u>	<u>ITINERARY</u>
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- | | |
|-----|--|
| 01: | Fly to Gonggar Airport and drive to Lhasa. O/N Hotel (BB) |
| 02: | Sightseeing tour of Potala Palace, Jokhang Temple and Barkhor Market. O/N Hotel (BB) |
| 03: | Sightseeing tour of Drepung Monastery and Sera Monastery. O/N Hotel (BB) |
| 04: | Drive to Tsedang, visiting Samye en-route. O/N Hotel (BB) |
| 05: | Drive to Gyantse. Visit Khumbum Stupa. O/N Hotel (BB) |
| 06: | Drive to Shigatse visiting Shalu and Tashilumpo Monastery en-route. O/N Hotel (BB) |
| 07: | Drive to Shegar. O/N Hotel (BB) |
| 08: | Drive to Rongbuk Monastery. O/N Rongbuk Guest House (BB) |
| 09: | Excursion to Everest Base Camp. O/N Rongbuk Monastery Guest House (BB) |
| 10: | Drive to Tingri. O/N Hotel (BB) |
| 11: | Drive to Zhangmu. O/N Hotel (BB) |
| 12: | Drive to Kathmandu. O/N Hotel (BB) |

Pax	Yarlong Tsampo OR Similar	Kyicho Hotel OR Similar	Mandala Hotel OR Similar	Vehicle
02 – 03	US\$ 1605	US\$ 1430	US\$ 1305	One Land Cruiser
04 – 07	US\$ 1230	US\$ 955	US\$ 890	Two Land Cruisers
08 – 11	US\$ 1165	US\$ 920	US\$ 810	Three Land Cruisers
12 – 15	US\$ 1155	US\$ 910	US\$ 795	Four Land Cruisers
S/S	US\$ 415	US\$ 345	US\$ 270	



Tour # 08: 13 Days Tour Fly In / Drive Out (Ganden Samye Trek)

Trip Facts:

Tour Code: MPT TIB12
Tour Name: Ganden Samye Trek
Entry / Exit: Fly in / Drive out
Grade: Easy to Strenuous
Max Elevation: 5200m/17056ft
Accommodation: Hotel/ Camp/ Guesthouse
Meal: Full board during Camping & BB in cities
Transport: Flight & Private vehicle
Trek Days: 13

<u>DAY</u>	<u>ITINERARY</u>
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- | | |
|-----|--|
| 01: | Fly to Gonggar Airport and drive to Lhasa. O/N Hotel (BB) |
| 02: | Visit Drepung Monastery, the Jokhang Temple & Barkhor Market. O/N Hotel (BB) |
| 03: | Visit Potala Palace, Norbulinka Palace and the Tibet Museum. O/N Hotel (BB) |
| 04: | Drive to Ganden Monastery. O/N Camp (Full board) |
| 05: | Trek to the Samye Valley. O/N Camp (Full board) |
| 06: | Trek. O/N Camp (Full board) |
| 07: | Trek. O/N Camp (Full board) |
| 08: | Trek. O/N Camp (Full board) |
| 09: | Proceed to Gyantse. O/N Hotel (BB) |
| 10: | Drive to Shigatse. O/N Hotel (BB) |
| 11: | Drive to Tingri visiting Sakya Monastery en-route. O/N Hotel (BB) |
| 12: | Drive to Nyalamu O/N Hotel (BB) |
| 13: | Drive downhill to Zhangmu and to Kathmandu. O/N Hotel (BB) |



Pax	Kyicho Hotel OR Similar	Manadala Hotel OR Similar	Vehicle
02 – 03	US\$ 2035	US\$ 1935	One Land Cruiser & Support Truck
04 – 07	US\$ 1555	US\$ 1410	Two Land Cruisers & Support Truck
08 – 11	US\$ 1480	US\$ 1365	Three Land Cruisers & Support Truck
12 – 15	US\$ 1435	US\$ 1305	Four Land Cruisers & Support Truck
S/S	US\$ 265	US\$ 210	

Tour # 10: 18 Days Tour Fly In / Drive Out, (Bicycle Tour) (Lhasa – Everest Base Camp – Zhangmmu)

Trip Facts:

Tour Code: MPT TIB09
 Tour Name: Bicycle Tour
 Entry / Exit: Fly in / Cycling out
 Grade: Strenuous
 Max Elevation: 5200m/17056ft
 Accommodation: Hotel/Camp/Guesthouse
 Meal: Full board during Camping & BB in cities
 Transport: Flight, Bicycle & Private vehicle
 Trek Days: 17

<u>DAY</u>	<u>ITINERARY</u>
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- | | |
|-----|---|
| 01: | Fly to Lhasa. Banaksol Hotel. O/N Hotel (BB) |
| 02: | Bike tour of Lhasa. O/N Hotel (BB) |
| 03: | Camp before Kampa la pass. O/N Camp (Full board) |
| 04: | Nagartse. O/N Camp (Full board) |
| 05: | Camp near Simila pass (Karo la pass). O/N Camp (Full board) |
| 06: | Arrive in Gyantse. O/N Hotel (BB) |
| 07: | Gyantse to Shigatse. O/N Hotel (BB) |
| 08: | Rest day for exploring the town. O/N Hotel (BB) |
| 09: | Camp at Tashi La. O/N Camp (Full board) |
| 10: | Camp below the Khampa la. O/N Camp (Full board) |



- 11: Shegar. O/N Hotel (BB)
- 12: Dzakar Chhu. O/N Camp (Full board)
- 13: Rongbuk. O/N Camp (Full board)
- 14: EBC. O/N Camp (Full board)
- 15: Hot spring (Pang Chhu River). O/N Camp (Full board)
- 16: Below La lung la. O/N Camp (Full board)
- 17: Cycle all the way down hill to Border and transfer to Kathmandu.

Pax	Mandala Hotel OR Similar	Vehicle
02 – 03	US\$ 2360	Bicycle & Support Truck
04 – 07	US\$ 1445	Bicycle & Support Truck
08 – 11	US\$ 920	Bicycle & Support Truck
12 – 15	US\$ 785	Bicycle & Support Truck
S/S	US\$ 320	



Tour # 11: 13 Days Tour Drive In / Drive Out (Mt. Kailash)

Trip Facts:

Tour Code: MPT TIB07
 Tour Name: 'Khang Rimpoche' Holy Mt. Kailash
 Entry / Exit: Drive in / Drive out
 Grade: Strenuous
 Max Elevation: 5630m/18466ft
 Accommodation: Hotel/Camp/Guesthouse
 Meal: Full board in Kailash en-route & BB in cities
 Transport: Private vehicle
 Tour Days: 13

<u>DAY</u>	<u>ITINERARY</u>
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- | | |
|-----|---|
| 01: | Drive to Zhangmu then to Nyalam. O/N Guest House (BB) |
| 02: | Acclimatisation day Nyalam O/N Guest House (BB) |
| 03: | Drive to Saga. O/N Camp (Full board) |
| 04: | Drive to Paryang. O/N Camp (Full board) |
| 05: | Drive to Lake Manasarovar. O/N Camp (Full board) |
| 06: | Lake Manasarovar to Darchen. O/N Guest House (BB) |
| 07: | Start Trek around Mt. Kailash. O/N Camp (Full board) |
| 08: | Trek. O/N Camp (Full board) |
| 09: | Finish Trek. Drive to Horchu. O/N Camp (Full board) |
| 10: | Drive to Paryang. O/N Camp (Full board) |
| 11: | Drive to Saga. O/N Camp (Full board) |
| 12: | Drive to Nyalam. O/N Hotel (BB) |
| 13: | Drive to Zhangmu then to Kathmandu. O/N Hotel (BB) |

Pax	Camping & Hotel	Vehicle
02 – 03	US\$ 2440	One Land Cruiser & Support Truck
04 – 07	US\$ 1350	Two Land Cruisers & Support Truck
08 – 11	US\$ 1010	Three Land Cruisers & Support Truck
12 - 15	US\$ 950	Four Land Cruisers & Support Truck
S/S	US\$ 120	



Tour # 12: 13 Days Tour Drive In / Drive Out (Mt. Kailash, Guest House Accommodation Tour)

Trip Facts:

Tour Code: MPT TIB09
 Tour Name: 'Khang Rimpoche' Holy Mt. Kailash
 Entry / Exit: Drive in / Drive out
 Grade: Strenuous
 Max Elevation: 5630m/18466ft
 Accommodation: Hotel/Guesthouse
 Meal: Full board in Tibet and Bed & breakfast in Nepal
 Transport: Private vehicle
 Tour Days: 13

<u>DAY</u>	<u>ITINERARY</u>
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- | | |
|-----|---|
| 01: | Drive to Zhangmu then to Nyalam. O/N Guest House (Full Board) |
| 02: | Acclimatisation day Nyalam. O/N Guest House (Full Board) |
| 03: | Drive to Saga. O/N Guest House (Full Board) |
| 04: | Drive to Paryang. O/N Guest House (Full Board) |
| 05: | Drive to Lake Manasarovar. O/N Guest House (Full Board) |
| 06: | Lake Manasarovar to Darchen. O/N Guest house (Full Board) |
| 07: | Start Trek around Mt. Kailash. O/N Tented Lodge (Full Board) |
| 08: | Trek. O/N Tented Lodge (Full Board) |
| 09: | Finish Trek. Drive to Horchu. O/N Guest house (Full Board) |
| 10: | Drive to Paryang. O/N Guest House (Full Board) |
| 11: | Drive to Saga. O/N Guest House (Full Board) |
| 12: | Drive to Nyalam. O/N Hotel (Full Board) |
| 13: | Drive to Zhangmu then to Kathmandu. O/N Hotel (BB) |

Pax	Guest Houses Accommodation	Vehicle
02 – 03	US\$ 2780	One Land Cruiser
04 – 07	US\$ 1795	Two Land Cruisers
08 – 11	US\$ 1465	Three Land Cruisers
12 – 15	US\$ 1375	Four Land Cruisers
	US\$ 275	



Tour # 13: 17 Days Tour Fly In / Drive Out (Lhasa – Kailash - Zhangmmu)

Trip Facts:

Tour Code: MPT TIB08
Tour Name: 17 days Central Tibet & Holy Mt. Kailash
Entry / Exit: Fly in / Drive out
Grade: Strenuous
Max Elevation: 5470m/17942ft
Accommodation: Hotel/Camp/Guesthouse
Meal: Full board in Kailash en-route & BB in cities
Transport: Flight & Private vehicle
Tour Days: 17

<u>DAY</u>	<u>ITINERARY</u>
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- | | |
|-----|---|
| 01: | Fly to Gonggar Airport and drive to Lhasa. O/N Hotel (BB) |
| 02: | Sightseeing tour of Potala Palace, Jokhang Temple and Norbulinka Palace. O/N Hotel (BB) |
| 03: | Sightseeing tour of Drepung Monastery, Sera Monastery & Barkhor Market. O/N Hotel (BB) |
| 04: | Drive to Gyantse visit Kumubum. O/N Hotel (BB) |
| 05: | Drive to Shigatse visiting Shalu and Tashilumpo Monastery en-route. O/N Hotel (BB) |
| 06: | Drive to Lhatse visit Sakya en-route. O/N Hotel (BB) |
| 07: | Drive to Saga. O/N Camp (Full Board) |
| 08: | Drive to Paryang. O/N Camp (Full Board) |
| 09: | Drive to Lake Manasarovar. O/N Camp (Full Board) |
| 10: | Drive to Darchen. O/N Guest House (Full Board) |
| 11: | Kailash trek begins. Trek to Dirapuk. O/N Camp (Full Board) |
| 12: | Trek. O/N Camp (Full Board) |
| 13: | Trek ends. Drive to Horchu. O/N Camp (Full Board) |
| 14: | Drive to Paryang. O/N Camp (Full Board) |
| 15: | Drive to Saga. O/N Camp (Full Board) |
| 16: | Drive to Nyalam. O/N Guest house (BB) |
| 17: | Drive to Kathmandu. O/N Hotel (BB) |



Pax	Kyicho Hotel OR Similar	Manadala Hotel OR Similar	Vehicle
02 – 03	US\$ 2885	US\$ 2725	One Land Cruiser & Support Truck
04 – 07	US\$ 1795	US\$ 1665	Two Land Cruisers & Support Truck
08 – 11	US\$ 1520	US\$ 1400	Three Land Cruisers & Support Truck
12 – 15	US\$ 1335	US\$ 1170	Four Land Cruisers & Support Truck
S/S	US\$ 230	US\$ 155	

SERVICES INCLUDED:

- Accommodation in twin sharing basis as per the itinerary on BB basis
- English speaking Tibetan Guides
- Sightseeing and Airport transfers by tourist coach OR necessary vehicles as per the itinerary
- 4500 model Land Cruiser OR necessary vehicle
- 2 bottles mineral water daily during tour
- Monastery entrance fee
- Tibet Travel permit
- Emergency 2 bottles portable oxygen cylinder

Tour # 06: 10 Days EBC Tour:

- Rongbuk Entry Fee
- Everest Conservation Fee
- Transfer from Rongbuk to EBC by horse cart
- Lhasa sightseeing and Airport transfer by tourist coach OR necessary vehicles

Tour # 07: 10 Days EBC Tour (Camping Trek):

- Rongbuk Entry Fee
- Everest Conservation Fee
- 1 support truck for camping equipment
- Yak and Yak herder

Tour # 08: 12 Days EBC Tour:

- Rongbuk Entry Fee



- Everest Conservation Fee
- Transfer from Rongbuk to EBC by horse cart

Tour # 09: 13 Days Ganden Samye Trek:

- All necessary permits
- All camping equipment
- Full Board Camping (Breakfast, Lunch and Dinner)
- Yak and yak herder

Tour # 10: 18 Days Bicycle Tour:

- Accommodation as per itinerary on BB basis at mentioned places only.
- 1 Land Cruiser
- 1 Support Truck
- All necessary permits

Tour # 11: 13 Days Kailash Tour (Camping):

- Accommodation as per itinerary on BB basis at mentioned places only.
- 1 Support Truck for camping supply
- Yak and Yak herder
- Kailash Entrance fee
- Saga grass land fee
- Manasarovar entrance fee
- Camping environment tax

Tour # 12: 13 Days Kailash Tour (Guest House Accommodation):

- Twin sharing, Dormitory and Tent accommodation during Kailash Kora as per itinerary.
- All meals in local restaurant en-route(Breakfast, Lunch and Dinner)
- Yak and Yak herder
- Kailash Entrance fee
- Saga grass land fee
- Manasarovar entrance fee

Tour # 13: 17 Days Lhasa – Kailash Tour:

- Twin Sharing accommodation as per the itinerary on BB basis up to Lhatse.
- Twin sharing or dormitory as per the itinerary on BB basis en–route Kailash as mentioned in itinerary (Darchen & Nyalam)
- Yak and Yak herder
- Kailash Entrance fee
- Saga grass land fee
- Manasarovar entrance fee
- 1 Support Truck for camping equipment



SERVICES EXCLUDED:

- Tibet Visa Fee (US\$ 58, urgent visa fee (US\$ 56)
- Tibet Visa Fee for US Nationals (US\$ 142), urgent visa fee (US\$ 56)
- Airfare KATHMANDU – LHASA on economy class
- Nepal re-entry visa fee
- Lunch and Dinner in hotels
- Alcoholic beverages & bar bills
- All expenses of personal nature, phone calls, laundry etc.
- Gratuity to staff.
- Airport departure tax Rs. 1700 at Tribhuvan International airport in Kathmandu.
- Services of Porterage and other vehicles in between in case of landslides and other natural calamities beyond our control and expenses incurred during rescue services.
- Service of porterage while crossing Friendship bridge
- Transportation Kathmandu –Kodari or vice versa.
- Additional portable oxygen cylinder (US\$ 20 per bottle)
- Services not mentioned herein.

Tour # 07: 10 Days EBC Tour (Camping Trek):

- Lunch and dinner in hotels
- Full board camping arrangement
- Camping equipment
- Extra charge for hiring yak and yak herder personally

Tour # 09: 13 Days Ganden Samye Trek:

- Lunch and Dinner in Hotels
- Extra charge for hiring Yak and Yak herder personally

Tour # 10: 18 Days Bicycle Tour:

- Full board camping arrangement
- Camping equipment
- Bicycle for clients

Tour # 11: 13 Days Kailash Tour (Camping):

- Full Board Camping arrangement
- Camping equipment
- Extra charge for hiring yak and yak herder personally

Tour # 12: 13 Days Kailash Tour (Guest House Accommodation):

- Support Truck



- Extra charge for hiring yak and yak herder personally.

Tour # 13: 17 Days Lhasa – Kailash Tour:

- Lunch and dinner in hotels
- Full board camping arrangement
- Camping equipment
- Extra charge for hiring yak and yak herder personally

NOTES:

- We also organize full package tour including full board camping arrangement.
- Prices can be further negotiated for more than 15 paying pax.
- One person full FOC for every 15 paying pax.
- All mentioned services are guaranteed.
- We have service of border transport (Kathmandu – Kodari and vice versa)
- Above price are Net and Non-commissionable

Hotel Category:

Hotel Yarlung: Deluxe category

Hotel Kyicho: Standard category

Hotel Mandala: Budget category

The flight schedules of Air China:

SCHEDULE VALIDITY DAILY FLIGHTS	FLIGHT NO.	SECTOR	ETD / ETA
October 30, 2008 - March 28, 2009 Sat, Tue	CA 408	Kathmandu - Lhasa	1025, 1345
	CA 407	Lhasa - Kathmandu	1025, 0925
March 29 – June 30, 2009 Tue, Thurs, Sat, Sun	CA 408	Kathmandu - Lhasa	1025, 1345
	CA 407	Lhasa - Kathmandu	1025, 0925
July 01 – October 29, 2009 Daily	CA 408	Kathmandu - Lhasa	1025, 1345
	CA 407	Lhasa - Kathmandu	1025, 0925
October 30 - December 31, 2009 Sat, Tue	CA 408	Kathmandu - Lhasa	1025, 1345
	CA 407	Lhasa - Kathmandu	1025, 0925



Air China Fare:

SECTORS	FARE	TAX	TOTAL FARE
Kathmandu – Lhasa	US\$ 273	US\$ 83	US\$ 356
Lhasa – Kathmandu	US\$ 273	US\$ 96	US\$ 369
Kathmandu – Lhasa - Kathmandu	US\$ 520	US\$ 179	US\$ 699
Kathmandu – Chengdu	US\$ 468	US\$ 83	US\$ 551
Chengdu – Kathmandu	US\$ 468	US\$ 96	US\$ 564
Kathmandu – Chengdu – Kathmandu	US\$ 907	US\$ 179	US\$ 1086

NOTE: Above prices are the net fares given by Air China without discount or commission.

NOTE: Please note that above flight schedules are subject to change other than Tuesday and Saturday.

Types of Aircraft

- Used on regular schedule flight:
Airbus 319
Seat capacity: 120
- Used on special request and guarantee of pax.
Boeing 755
Seat capacity: 196

Tibet Visa Fee effective from 01.April.09

Nationality	Normal (5 working day)	Urgent (3 working day)	Top Urgent (same day)
For US Nationality	US\$ 142	US\$ 164	US\$ 198
For Other Nationality	US\$ 58	US\$ 80	US\$ 114
For Nepalese	Rs. 2750	Rs. US\$ 4450	Rs. 5350

NOTE: We must receive scan copy of passport at least 15 prior to the departure time.



GENERAL INFORMATION

Tibet remains one of the most interesting, mystical and spiritual countries of the world, situated at an average elevation of 16,500 ft. above sea level. Opened to the outsiders until in recent years, facilities for tourists are gradually improving. It's attraction is so strong that it has become a must visit obsession for people worldwide.

A trip to Tibet is not for the faint hearted because the travelling can be hard, adventurous and often unpredictable because of its rugged and high elevated landscape. So for those high altitude problems (sickness) travellers and those with a history of heart, lung or anaemia problems should consult a doctor and inform the travel agent in Nepal before considering a visit.

Travelling overland between Kathmandu and Tibet is an incredible journey in which you can see not only the world's highest plateau but also some of the magnificent Himalayan Ranges – so this is a wonderful and amazing trip.

Visitors should also understand before taking this trip that Tibet was only opened to tourism since the mid-eighties. However, if you are only for a bit of adventure that can be specially arranged and if any important information is needed please feel free to contact us.

FIXED DEPARTURES: Every Saturday based on minimum 5 person.

VISA FORMALITIES: Marco Polo Travels will process visa for which we require the following details:

01. Name
02. Sex
03. Date of birth
04. Profession
05. Nationality
06. Passport number

Cost of visa varies according to nationality. A normal visa fee is applicable if visa is processed in 5 working days. The Chinese embassy is open for visa purposes every Monday, Wednesday & Friday from 10-11 am.

BOOKING TERMS AND CONDITIONS:

US\$ 100 non-refundable advance deposit per person is required at time of booking. Balance payment 15 days prior to trip departure

CANCELLATIONS: There will be a cancellation charge of US \$100 per person for cancellations received between 7-10 days prior to trip departure. No refunds for cancellations received less than 7 days before departure; for no shows or delayed arrivals, whatsoever the reason.

OXYGEN CYLINDER: We provide reserve oxygen cylinder during overland trip in all our private tour.

ALTITUDE SICKNESS: As Tibet lies at over 12,000ft. you are likely to experience some of the minor symptoms and discomfort of altitude sickness (headache, mild nausea, loss of appetite) until



your body adjusts to the elevation. This can take from a few hours to a couple of days depending on the individual. Do not exert yourself and drink plenty of non-alcoholic liquids.

CLOTHING: Casual wear and comfortable walking shoes are the rule for Tibet. Be sure to bring warm clothing for cold conditions as the night and early mornings can be quite chilly and downright cold during the winter months. Bring all your films, medicines, cosmetic, personal toilet items that you will need from home, as these are difficult, if not impossible to obtain in Tibet. A personal first aid kit is also recommended. More detailed information on clothing and related matters will be provided upon booking our tour.

INSURANCE: Full travel insurance coverage for medical evacuation, loss of belongings and trip cancellation is strongly recommended.

CURRENCY: Banks in TIBET/CHINA are closed on SATURDAY & SUNDAY. So, you are kindly requested to carry about USD 100 per person in Lhasa to cover your extra expenses for main meals and others en route until Lhasa. If it is cash dollars, even local people help you to get them exchange in Chinese Yuan. Travellers Cheques & credit cards are difficult to be cashed outside the banks especially out side Lhasa.

If any of the clients pay for Tibet tour in TC you are kindly requested to accompany the guide to the bank in Lhasa for about 15 minutes and please make an extra counter signature on the TCs you have paid. Your direct presence and counter signature ensures immediate encashment of the Traveller's Cheque to our agent in Lhasa. Otherwise, it may take months. Your kind co-operation in this regard will be highly appreciated. The unit of currency is the Renminbi or Yuan. A US \$ is equivalent to 8 Yuan approx. Money can be exchanged at the Bank of China branches at Zhangmu, Shigatse and Lhasa.

LAND SLIDES: As Tibet Tours operate mainly during the monsoon time; there are high chances of landslides - mostly in the Nepalese side and also in the beginning of the Tibet side. In such situations we will have to cross the landslide part on foot.

MONASTERY ENTRANCE FEE: the entire monastery has different entrance fee and there is extra charge for photography normally it is expensive. It is strictly prohibited to take picture without permission.

ROAD AND HIGH PASSES EN-ROUTE: During our trip to Tibet we come across many high passes like Lung La which is 5050 and Gatos La 5200 and Karol La 4700 and 5300 meter. The road is grabbed through across the high plateau of Tibet. It is highly windy on high passes and it is advisable not to stay long time outside in high passes. One must cover ear and head to avoid head ach afterwards.

GRATUITIES (TIPPING): Tipping is US \$ 15 – 20 Per Person

AIRPORT TAX: There is only one airport in Tibet that is Gonggar Airport, approx. 90m km takes one and half hours to Lhasa. There is underground highly being constructed between airport which will reduce the journey to approx. half and hour. Gonggar airport tax is Yuan 90.