

Nepal & Tibet

(9 Nights/10 Days)



Itinerary Details



Day 01 Kathmandu Arrival

We are transferred to Hyatt Regency Hotel in our luxury coach. Welcome drinks and ceremony at hotel.

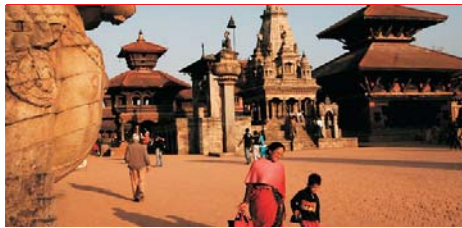


Welcome Dinner with traditional fare at Krishnaarpan Restaurant of Dwarika's hotel.



Day 02 Kathmandu

Morning half day of sightseeing tour to take in the important historical and cultural attractions of old Kathmandu - the palace of the medieval Malla kings "Hanuman Dhoka" and the temple dedicated to the living goddess "Kumari" are the highlights. We then proceed to Bouddhanath Stupa.



After lunch sightseeing tour of Bhaktapur City, translated as the "City of Devotees" and classified as World Heritage Site by UNESCO.

Return to Kathmandu and visit Thamel, the tourist hubbub of Kathmandu with souvenir shops, bars and restaurants famous in guide books as the hippie haven of the seventies.



Dinner in "Garden of Dreams" a stylishly restored turn of the century palace garden in the heart of Kathmandu. (3 meals included)



Day 03 Kathmandu-Lhasa

We take our flight to Lhasa from Kathmandu International Airport. The flight of Air China using brand new Boeing 757 aircraft is breathtakingly spectacular, flying over the Himalayan range onto the Tibetan plateau. We arrive in Gangor airport where we are met by representatives of MARCO POLO and then drive for 2 hours to Lhasa. We relax today in our hotel as a measure against high altitude sickness, which can be induced by exertion. (3 meals included)



Day 04 Lhasa

In the next two days we visit all the important religious and cultural sites of Lhasa: Potala Palace, the official residence of the exiled Dalai Lama; Jokhang Temple famous for housing the statue of little Buddha, the Jowo; Norbulinkha, the summer palace of the Dalai Lama; Sera and Drepung Monasteries; Barkhor Bazaar to visit the local market-place and shop for souvenirs. Our representative in Lhasa will hand us our exact tour itinerary in Lhasa. (3 meals included)

Day 05 Lhasa

We continue with our tours today (3 meals included)



Day 06 Lhasa-Gyantse

We start our road journey today crossing the Karo La pass (5010 m) which takes us through many interesting villages and towns and eventually back to Nepal over the Himalayan passes. Our first stop is at Gyantse, a town on the old trade route between Shigatse and Yadong. The Gyantse Fort, Palkhor Choden Monastery and Kumbum stupa are the highlights. (3 meals included)

Day 07 Gyantes-Shigatse

Today we come to the second largest town in Tibet after Lhasa and the seat of the Panchen Lamas. The Tashilumpo Monastery which houses the 86 ft. tall statue of Maitreya or the coming Buddha is the highlight. (3 meals included)

Day 08 Shigatse - Xegar

Today we arrive at the trade post of Xegar or old Tingri north of the Himalayas. This is the launching site of Himalayan expeditions in Tibet. (3 meals included)



Day 09 Xegar-Zhangmu

Today we drive over the high Lalung La pass (5050 m.) and pass from the arid Tibetan plateau to the greenery of the sub-Himalayan region. We come to Zhangmu at the Nepal border and spend a night. (3 meals included)

Day 10 Zhangmu-Kathmandu

We cross the international border into Nepal at Friendship Bridge Kodari. Transfer to International Airport and depart or continue journey in Nepal. (Breakfast only included)

PACKAGE PRICES

Country	Package Details	Service Category	1 May 2008 - 31 October, 2008		1 April, 2009 - 31 October, 2009	
			Per person Twin share	Single Supplement	Per person Twin share	Single Supplement
Nepal	Nepal - 2 Nights, Kathmandu at Hyatt Regency	Deluxe	US \$ 376	US \$ 125	US \$ 424	US \$ 150
	Tibet - 7 Nights/8 Days, with Flight Kathmandu-Lhasa and road journey back to Nepal	Standard	US \$ 1335	US\$ 300	US \$ 1615	US\$ 365
Tibet	Supplement to stay 3 nights at Hotel Brahmaputra in Lhasa	Deluxe	US \$ 220	US \$ 150	US \$ 260	US \$ 175

Current Airfare KATHMANDU-LHASA US\$ 316.00 INCLUDING TAX AND FUEL SURCHARGE PER PERSON EXTRA



MarcoPolo Travels Nepal

P.O. Box 2769 Heritage Plaza II Kamaladi, Kathmandu, Nepal

Tel: 977 1 4247215, Ext. 013 Fax: 977 1 4244484

Email: md_marco@polo.com.np

incentives.marcopolo@subisu.net.np

www.marcopolo.com.np